



Cancer Survivorship 101 2019 Program Agenda/Saturday June 8, 2019/Basketball Hall of Fame
Springfield, Massachusetts

8:00 AM-8:30AM-Continental Breakfast

8:30AM-8:40AM-Introduction

Jay Burton, DO
President and Founder,
Survivor Journeys™
General Internist, Primary Care
Cancer Survivorship Program of
Western New England
Springfield (MA) Medical Associates
Cancer Survivor

8:40AM-9:05AM- After Treatment Ends:
Juggling Your Health Care

Larissa Nekhlyudov, MD.,MPH
Brigham & Women's Primary Care
Associates, Longwood
Clinical Director, Internal Medicine
for Cancer Survivors,
Dana Farber Cancer Institute
Associate Professor,
Harvard Medical School

9:05AM-9:30AM-Long Term Surveillance of Pediatric
and Adult Cancers

Nirupa Raghunathan, MD
Adult Long Term Follow Up Care
Memorial Sloan Kettering Cancer
Center

9:30AM-9:55AM-The Basics of Stem Cell Transplantation

Joseph Antin, MD
Chief, Stem Cell Transplantation,
Emeritus,
Dana Farber Cancer Institute
Professor of Medicine,
Harvard Medical School

10:00AM-10:25AM-Fear and Anxiety of Cancer
Recurrence

Daniel L. Hall, PhD
Clinical Psychologist and Clinical
Fellow in Psychology, Behavioral
Medicine
Massachusetts General Hospital

10:25AM-10:45AM-Break

<p>10.45AM-11:15AM-Keynote Speaker My View of Cancer Survivorship</p>	<p>Larry Lucchino Chairman, Jimmy Fund of the Dana Farber Cancer Institute President/CEO Emeritus, Boston Red Sox Principal Owner/Chairman Pawtucket Red Sox Cancer Survivor</p>
<p>11:20AM-11:45AM-What is a Cancer Survivorship Program and Why are There Not More of Them?</p>	<p>Krishna Gunturu, MD Program Director, Cancer Survivorship Education Director, Hematology and Oncology Lahey Hospital & Medical Center</p>
<p>11:45AM-12:45PM-Lunch</p>	
<p>Breakout Session 1-Lifestyle Survivorship Topics</p>	
<p>12:45PM-1:10PM-Sex and Intimacy-How Does This Change After a Cancer Diagnosis?</p>	<p>Dan Dizon, MD, FACP, FASCO Director, Women's Cancers, Lifespan Cancer Institute Director of Medical Oncology, Rhode Island Hospital Founder, The Oncology Sexual Health First Responders Clinic, Lifespan Cancer Institute Professor of Medicine, Alpert Medical School of Brown University</p>
<p>1:10PM-1:45PM-What is Integrative Medicine and How Can This Be Used in Cancer Survivorship Care?</p>	<p>Darshan Mehta, MD, MPH Medical Director Director of Medical Education Benson-Henry Institute for Mind Body Medicine Massachusetts General Hospital Associate Director of Education Osher Center for Integrative Medicine Harvard Medical School and Brigham and Women's Hospital</p>
<p>1:55PM-2:20PM-Nutrition Before and During Cancer Survivorship</p>	<p>Maura Harrigan, MS, RD, CSO Oncology Research Registered Dietician/Project Manager; Registered Dietician Nutritionist Survivorship Clinic at Yale Cancer Center, Project Manager Yale School of Public Health</p>

2:20PM-2:45PM-"I Have Cancer-How Do I Exercise?"

Scott Capozza, MS, PT
Physical Therapist, Smilow Cancer
Hospital Survivorship Clinic
Cancer Survivor

Closing

Breakout Session 2-Caring Topics In Cancer Survivorship

12:45PM-1:10PM-What is Mentoring and How Can This Help the Cancer Survivor and Caregiver During Treatment and Beyond?

Judy Kasey Houlette, MA
Executive Director
Friend for Life Cancer Support
Network

1:10PM-1:45PM-Caregiving-It is OK to Take Care of Yourself and How to Do It

Ali Schaffer, LCSW
Counselor, Speaker, Educator
Triage Cancer

1:55PM-2:20PM-What is Resiliency and How Do I Develop This?

Ruth Bachman
The Hourglass Fund Project
Triage Cancer
Cancer Survivor

2:25PM-2:50PM-What is Palliative Care and What Role Does it Play in Cancer Survivorship and Caregiving?

Diane Dietzen, MD
Hospice and Palliative Care
Baystate Medical Center
Assistant Professor of Medicine at
University of Massachusetts Medical
School, Baystate
Adjunct Assistant Professor of
Medicine at Tufts University School
of Medicine

Closing