



## Program Offerings

COME AND SHARE YOUR SURVIVORSHIP STORY OF CHALLENGES AND HOPE

### SURVIVOR JOURNEYS™ ONE-TO-ONE MENTORING

**Providing one-on-one support to:**

- Adult cancer survivors
- Adult caregivers of cancer survivors

Have you had cancer or been a caregiver for a cancer patient? Interested in becoming a mentor? Or, are you a cancer patient or caregiver looking for the support of a mentor who has experienced your current situation?

Interested? Email [survivorshipprogram@gmail.com](mailto:survivorshipprogram@gmail.com) or call 413-276-6100.

### ANY CANCER SUPPORT GROUP

Monthly support group for cancer survivors diagnosed with any type of cancer.

**When:** Second Wednesday of the month 6:00pm-7:30pm

**Where:** Baystate Health Education Center, 361 Whitney Avenue, Holyoke, MA (entrance at top of hill)

### BLOOD CANCER SUPPORT GROUP

Survivor Journeys co-sponsors a monthly support group along with the Leukemia and Lymphoma Society.

**When:** First Thursday of the month 6:00pm-7:30pm

**Where:** Enfield Senior Center, 299 Elm Street, Enfield, CT

### BREAST CANCER SUPPORT GROUP

Monthly support group for breast cancer survivors.

**When:** First Tuesday of the month 6:00pm-7:30pm

**Where:** Cancer House of Hope, 1999 Westfield Street, West Springfield, MA

For more information, visit our website at [survivorjourneys.org](http://survivorjourneys.org), email us at [survivorshipprogram@gmail.com](mailto:survivorshipprogram@gmail.com), or call 413-276-6100. We offer free transportation to support groups or can arrange for you to participate remotely from home via your smartphone or computer. First-time support group attendees may register at [www.survivorjourneys.org/our-programs/support-groups](http://www.survivorjourneys.org/our-programs/support-groups).

## HEAD & NECK CANCER SUPPORT GROUP

Monthly support group for cancer survivors diagnosed with cancer of the head and neck.

**When:** Third Wednesday of the month 6:00pm-7:30pm

**Where:** Ear, Nose & Throat Surgeons of Western New England  
100 Wason Avenue, Suite 100, Springfield, MA

## CAREGIVER SUPPORT GROUP

Monthly support group for caregivers of cancer survivors.

**When:** Fourth Thursday of the month 6:00pm-7:30pm

**Where:** Agawam Senior Center, 954 Main Street (Route 159), Agawam, MA

\*For those interested in participating remotely from home via smartphone or computer, please register online at [survivorjourneys.org](http://survivorjourneys.org) as name and email address will be required. Please indicate in message that you'd like to participate remotely.

## MEN'S CANCER SUPPORT GROUP (in development)

A group for all male cancer survivors.

For those interested, please email [survivorshipprogram@gmail.com](mailto:survivorshipprogram@gmail.com) or call 413-276-6100.

## YOUNG ADULT CANCER SUPPORT GROUP (in development)

For cancer survivors, high school age to age 40.

For those interested in a support offering for this age group, please email [survivorshipprogram@gmail.com](mailto:survivorshipprogram@gmail.com) or call 413-276-6100. We are open to ideas!

## PET THERAPY

Pet therapy can help reduce stress or anxiety, speed healing, and provide comfort.

**When:** By appointment – email [survivorshipprogram@gmail.com](mailto:survivorshipprogram@gmail.com) or call 413-276-6100.

**Where:** Your home or a mutually agreed upon location.

For more information, visit our website at [survivorjourneys.org](http://survivorjourneys.org), email us at [survivorshipprogram@gmail.com](mailto:survivorshipprogram@gmail.com), or call 413-276-6100. We offer free transportation to support groups or can arrange for you to participate remotely from home via your smartphone or computer. First-time support group attendees may register at [www.survivorjourneys.org/our-programs/support-groups](http://www.survivorjourneys.org/our-programs/support-groups).