

PROGRAM OFFERINGS



Come and share your survivorship stories of challenges and hope

SURVIVOR JOURNEYS™ ONE-TO-ONE MENTORING

Providing one-on-one support to:

- Adult cancer survivors
- Adult caregivers of cancer survivors

Have you had cancer or been a caregiver for a cancer patient? Interested in becoming a mentor? Or, are you a cancer patient or caregiver looking for the support of a mentor who has experienced your current situation?

Email mentoring.survivorshipprogram@gmail.com or call 413-276-6100.

ANY CANCER SUPPORT GROUP

Monthly support group for cancer survivors diagnosed with any type of cancer.

WHEN: Second Wednesday of every month, 6:00pm-7:30pm

WHERE: All groups are remote at this time through Zoom (by video or by phone)

SPANISH-SPEAKING ANY CANCER SUPPORT GROUP

Monthly support group for Spanish-speaking cancer survivors diagnosed with any type of cancer.

WHEN: First Wednesday of every month, 6:00pm-7:30pm

WHERE: All groups are remote at this time through Zoom (by video or by phone)

BLOOD CANCER SUPPORT GROUP

Monthly support group for blood cancer survivors. Sponsored by the Leukemia and Lymphoma Society.

WHEN: First Thursday of every month, 6:00pm-7:30pm

WHERE: All groups are remote at this time through Zoom (by video or by phone)

BREAST CANCER SUPPORT GROUP

Monthly support group for breast cancer survivors.

WHEN: Fourth Monday of every month, 6:00pm-7:30pm

WHERE: All groups are remote at this time through Zoom (by video or by phone)

HEAD & NECK CANCER SUPPORT GROUP

Monthly support group for those diagnosed with cancer of the head and/or neck.

WHEN: Third Wednesday of every month, 6:00pm-7:30pm

WHERE: All groups are remote at this time through Zoom (by video or by phone)

MOMS WITH CANCER SUPPORT GROUP (*NEW TIME* beginning in January 2022!)

Monthly support group for Moms diagnosed with any type of cancer.

WHEN: Second Tuesday of every month, 8:30pm-9:30pm

WHERE: All groups are remote at this time through Zoom (by video or by phone)

***PLEASE NOTE:** We are open to exploring other times if this window does not work well for those interested – please reach out by email at survivorshipprogram@gmail.com or call 413-276-6100 with other suggested times.

“WHAT DO YOU DO WHEN...?” CANCER SUPPORT GROUP

Monthly support group to help answer questions about how to manage everyday life as a cancer survivor.

WHEN: Third Monday of every month, 6:00pm-7:30pm

WHERE: All groups are remote at this time through Zoom (by video or by phone)

CAREGIVER SUPPORT GROUP

Monthly support group for caregivers of cancer survivors.

WHEN: Fourth Thursday of every month, 6:00pm-7:30pm

WHERE: All groups are remote at this time through Zoom (by video or by phone)

PET THERAPY

Pet therapy can help reduce stress or anxiety, speed healing, and provide comfort.

WHEN: By appointment. Email survivorshipprogram@gmail.com or call 413-276-6100.

WHERE: Mutually agreed upon location.

First-time support group attendees may register at www.survivorjourneys.org/our-programs/support-groups.

Survivor Journeys™

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Because no one should travel this journey alone.