



Program Offerings

COME AND SHARE YOUR SURVIVORSHIP STORY OF CHALLENGES AND HOPE

SURVIVOR JOURNEYS™ ONE-TO-ONE MENTORING

Providing one-on-one support to:

- Adult cancer survivors
- Adult caregivers of cancer survivors

Have you had cancer or been a caregiver for a cancer patient? Interested in becoming a mentor? Or, are you a cancer patient or caregiver looking for the support of a mentor who has experienced your current situation?

Interested? Email survivorshipprogram@gmail.com or call 413-276-6100.

ANY CANCER SUPPORT GROUP

Monthly support group for cancer survivors diagnosed with any type of cancer.

When: Second Wednesday of the month 6:00pm-7:30pm

Where: Baystate Health Education Center, 361 Whitney Avenue, Holyoke, MA

BLOOD CANCER SUPPORT GROUP

Survivor Journeys co-sponsors a monthly support group along with the Leukemia and Lymphoma Society.

When: First Thursday of the month 6:00pm-7:30pm

Where: Enfield Senior Center, 299 Elm Street, Enfield, CT

BREAST CANCER SUPPORT GROUP

Monthly support group for breast cancer survivors.

When: First Wednesday of the month 6:00pm-7:30pm

Where: Cancer House of Hope, 1999 Westfield Street, West Springfield, MA

For more information, visit our website at survivorjourneys.org, email us at survivorshipprogram@gmail.com, or call 413-276-6100. We offer free transportation to support groups or can arrange for you to participate remotely from home via your smartphone or computer. First-time support group attendees, please register at www.survivorjourneys.org/our-programs/support-groups.

HEAD & NECK CANCER SUPPORT GROUP

Monthly support group for cancer survivors diagnosed with cancer of the head and neck.

When: Third Wednesday of the month 6:00pm-7:30pm

Where: Ear, Nose & Throat Surgeons of Western New England
100 Wason Avenue, Suite 100, Springfield, MA

CAREGIVER SUPPORT GROUP

Monthly support group for caregivers of cancer survivors.

When: Fourth Thursday of the month 6:00pm-7:30pm

Where: Agawam Senior Center, 954 Main Street (Route 159), Agawam, MA

*For those interested in participating remotely from home via smartphone or computer, please register online at survivorjourneys.org as name and email address will be required. Please indicate in message that you'd like to participate remotely.

YOUNG ADULT CANCER SUPPORT GROUP (in development)

For cancer survivors, high school age to age 40.

For those interested in a support offering for this age group, please email survivorshipprogram@gmail.com or call 413-276-6100. We are open to ideas!

PET THERAPY

Pet therapy can help reduce stress or anxiety, speed healing, and provide comfort.

When: By appointment – email survivorshipprogram@gmail.com or call 413-276-6100.

Where: Your home or a mutually agreed upon location.

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